

Behavioural Support Rounds

January 21, 2021 2:00 – 3:00 PM EST *Line opens 10 minutes before

Topic:
Understanding Suicide

Presented by:
Brittany Stanley, Mental Health Educator at CMHA Peel Dufferin

Learning objectives:

This session is designed to offer participants insights into the facts about suicide and help participants to recognize signs of suicidal behaviour. Participants will explore how our perceptions about mental health affect and suicide impact our ability to seek help. Participants are introduced to practical approaches to initiate a conversation about suicide, guidance on how to assist someone in crisis and self-care strategies for caregivers.

1. Explore facts and fiction surrounding suicide behaviour
2. Identify how perceptions of mental illness can impact our ability to seek assistance and maintain mental well being
3. Identify signs of suicidal behaviour
4. Use practical strategies and tools to intervene in a mental health crisis and provide support to those who are living with a mental health issue until appropriate professional health is available
5. Discover attainable self-care options to support overall mental wellness for caregivers and emergency responders.

How to participate:

- **You must register in advance for this meeting.** After registering, you will receive a confirmation email containing information about how to join. [Click here to register](#)
- If you have any Zoom questions, please contact [Agnes Cheng Tsallis](#)
- To be included on the distribution list for these rounds, please contact [Salma Shaikh](#)

These Rounds are open to all health professionals and students and provide a learning forum to review leading practices in the assessment and supportive management of challenging responsive behaviours in individuals living with dementia. The purpose is to offer practical approaches to support the work of front-line healthcare providers in caring for persons with responsive behaviours.

Accessible through Zoom, these Rounds are co-sponsored by the Baycrest Toronto Central – LHIN Behaviour Support for Seniors Program and the Ontario Centres for Learning, Research and Innovation in Long-Term Care at Baycrest.

Your feedback is valued! Please submit your anonymous evaluation [here](#)

